



2026 LOS ALAMOS MUD VOLLEYBALL RULES AND ADVICE!

1. Team captains are responsible for making sure all players read, understand, and abide by all Rules of Play.
2. Any questions or objections must be handled only through the Team Captain to the Event Organizer. No obscene language, abuse or violence will be tolerated.
3. Captains are responsible for making sure the liability waivers are signed and the team roster is completed online at least one week before the event.

Clothing:

5. We suggest you wear tightly woven clothing. Taping shorts to tucked-in shirts prevent shorts from falling or wearing swimsuits under clothes makes showering easier.
6. Players are advised to bring goggles, sunglasses, and sunscreen! Women are advised to remove artificial nails.
7. All players **MUST** wear shoes, at all times. Rubber cleats are permitted.
8. Bring duct tape! It works wonders to help keep your shoes and clothes on!
9. Bring plastic trash bags! Remember what sees MUD becomes MUD! Put your wallet and other valuables in zip lock bags! Bags for your muddy clothes and shoes too!

Other Information:

10. The Los Alamos Recreation will provide beverages (Water) to participants only. Please bring your own drinks for your family and guests.
11. Plan to bring your own chairs, and a shade tents for your team to watch the games or rest in while waiting for your matches. You may bring your own cooler/food.
12. A spray bottle filled with water helps clean your face. Bring plenty of towels and lastly a bucket of water helps for quick clean ups.
13. Do not wear contact lenses. First aid will be available for emergencies at the Main Tent.
14. **RAIN OR SHINE!!** Be prepared for all weather and court conditions!

HAVE FUN! HAVE FUN! HAVE FUN!



2026 MUD LOS ALAMOS VOLLEYBALL RULES OF PLAY!!!

OVERALL: Play will follow USAVA guidelines with special modifications for the mud.

TOURNAMENT FORMAT:

This is a Double Elimination tournament.

Matches **begin at 9:00 am**. The Tournament bracket will be predetermined prior to the start of the day; with predetermined courts playing each other.

Games will consist of 2-3 game to 25 points using rally scoring. Teams will report all wins and losses and scores to the Event Organizer.

Once a game is finished check with the Event Organizer to determine your place on the court as well as when and where you play next.

Matches will begin on three courts. As courts become available, games will be added. Play will start as soon after each game ends.

There will be NO referee for the matches with the exception of the championship game.

The winning team must report the score to the Tournament Director. There will be MUD BUSTER(S) in the area to settle any arguments.

Matches will continue in the rain however IF Lightening is sighted, the Tournament Director reserves the right to suspend play, alter, and or/cancel matches at their discretion.

GAMES

1. **Team Composition:** A team roster consists of a maximum of 12 players and a minimum of six players. Three female players must be on the court at all times during the match.

2. **Forfeits:** Teams that are more than 10 minutes late for the start of the match will forfeit. Forfeits count as a victory for the team that was present and a loss for the team that failed to show.

3. **First Service:** The team listed first in each match-up will serve first. The team receiving will have choice of side.

4. **Team Sides:** During the Tournament, teams will switch sides after every game and at mid point in the 3rd match.

5. **Scoring:** RALLY SCORING! The first team to score 25 points or more with a 2-point advantage is the winner of the game. If the games go beyond 25 points, the team first scoring 27 points wins. There is a 20 minute time period per game; the team with the highest score will take the win if that time limit is exceeded.

6. **Time Limit:** There is a 20 minute time limit for games other than the championship round. If the time limit is exceeded, the team with the highest score will take the win.
7. **Championship Game/Time Limit:** There is no time limit. All games are played to their conclusion.
8. **Rotation:** The rotation must be in a clockwise direction. All rotations must eventually bring each player to the front and back rows in a predictable fashion.
9. **Front Row:** A limit of three designated front row players is in effect at all times.
10. **Time Outs:** Two thirty second time-out are permitted per game by each team.
11. **Injury Time-Outs:** If play is temporarily suspended due to an injury, the injured player must leave the court for at least one serve. A team may drop below the minimum player requirements for the current game in case of an injury.
12. **Serving:** Teams rotate when receiving the serve.

TEAM PLAY

1. **Serves:** The server is the back right player. This means the server may be on the court. Loading the ball with mud is not permitted. If a served ball hits the net, it is a legal serve.
2. **Serve Reception:** All serves must be taken with a legal hit. A serve may not be spiked or blocked by the opposing team.
3. **Body Hits:** A ball may be played by any part of the body.
4. **Number of Hits:** Each team may touch the ball up to three (3) times while the ball is on their side of the net. Blocks do not count as hits. The ball may be hit by any combination of men and/or women. Unlike standards of Co-Recreation, it does not have to be touched by a woman.
5. **Spikes:** Spiking is performed with one hand. Two handed "spikes" are a violation. Only front row players may spike. Again, men or women may spike.
6. **Blocks:** Blocking is normally performed with two hands. Blockers may penetrate the plane of the net and may execute a "power" block. However, directed blocks are not permitted (catch and throw the ball down). Only the three front row players may block.
7. **Net Violations:** It is a violation to touch the net once the ball is in play. Incidental touches that do not affect the play may be overlooked, but clear net violations will be called.
8. **Ball Handling:** It is a violation to carry, lift, hold or throw the volleyball.
9. **Substitutions:** Substitutions can be made at any time, but not to the point that they slow down the game. Players can sub in either the serving position or at the front left position or both. Players may only enter when their team receives the ball to serve. The minimum female requirement of three women on the court must be kept at all times.

EQUIPMENT

1. **Court Dimensions:** The court is as close to the 30"x 60" size and consists of genuine Los Alamos Mountain MUD! Only a general midline is in effect. For safety sake, players should not invade adjacent or opposing courts.

2. **Shoes:** All participants must wear shoes at all times. It is advisable to use duct tape to secure your shoes.

3. **Nets:** Nets are installed per regulation guidelines. Due to the MUD surfaces, expect some net sag. You may request that the nets be tightened. The nets will be as close to co-rec height (7' 4 1/4") as resources allow.

REFEREES

1. **Games** will be self-refereed.

2. **Playoff Round Referees:** All games will have at least one experienced referee assigned to them.

3. **Refereeing:** The rules are subject to the referees' interpretation. All referee decisions are final. Protests may be directed to the Event Coordinator and his committee.

4. **Referee Abuse:** Any player or fan abusing or arguing with a referee will be asked to leave the immediate area. Failure to leave the area will cause his/her team to forfeit that game. A player ejected from a game will not be permitted to participate in any future games during the Tournament.

SPORTSMANSHIP

1. Honor and fair play are the guidelines for the day.

2. Referees may award a side-out or penalty points for poor sportsmanship at his/her discretion.

3. Intentionally splashing or throwing mud to the other team is not permitted and can result in penalty points, forfeits or dismissal. (Within your own team its okay!)